

Fees 2019

It matters to me that my service is available to as many people as possible each person's needs are unique. This is why I offer some FREE events and reduced rates in certain situations and contribute a percentage of my income to a few charities of my choice.

Life Coaching

FREE 30 min consultation session

Intake session (including paperwork and a 90 minute coaching) £127

A series of 60 min sessions (5 or more booked and paid for in advance)
£87.00 each

Single Sessions 60 minutes £90

Nonviolent Communication (NVC) Coaching and Mentoring

FREE 30 min consultation session

A series of 60 min sessions (5 or more booked and paid for in advance)
£56.00 each session

Single sessions 60 minutes £60.00

NLP

A series of 90 min sessions (2 or more sessions booked and paid for in advance)
£96.00 per session

Single sessions £120

Parent Coaching

FREE 30 min consultation session

A series of 6x 60 min sessions for parents £360

Couples, Peers and Family Facilitated Conversations

FREE 30 min consultation session

60 Min session £60 (individuals)

90 min session £130 (couples - peers)

90 min session £160 (group)

These rates are for individuals and small businesses owners. There is a separate fee schedule for training, coaching and consultancy services supporting leaders, groups and teams in public, voluntary and private organizations.

Do let me know if you would also like a copy of this.

Fees are reviewed annually.