

## Fees 2020

It matters to me that my service is available to as many people as possible each person's needs are unique. This is why I offer some FREE events and reduced rates in certain situations and contribute a percentage of my income to a few charities of my choice.

### Life Coaching

FREE 30 min consultation session

**Intake session** (including paperwork and a 90 minute coaching) £127

**A series of 75 min sessions** (5 or more booked and paid for in advance)  
£87.00 each

**Single Sessions** 75 minutes £90

### Nonviolent Communication (NVC) Coaching and Mentoring

FREE 30 min consultation session

**A series of 60 min sessions** (5 or more booked and paid for in advance)  
£56.00 each session

**Single sessions** 60 minutes £60.00

### NLP

**A series of 90 min sessions** (2 or more sessions booked and paid for in advance)  
£96.00 per session

**Single sessions** £120

### Parent Coaching

FREE 30 min consultation session

**A series of 6x 60 min sessions** for parents £360

### Couples, Peers and Family Facilitated Conversations

FREE 30 min consultation session

**60 Min session** £60 (individuals)

**90 min session** £120 (couples - peers)

**90 min session** £160 (group)

These rates are for individuals and small businesses owners. There is a separate fee schedule for training, coaching and consultancy services supporting leaders, groups and teams in public, voluntary and private organizations.

Do let me know if you would also like a copy of this.

Fees are reviewed annually.